| Year <br> Group | Topic Details |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Year } 7 \\ \text { PSHE / RE } \end{gathered}$ | Me and My School <br> - Personal Identities <br> - Friendships <br> - Measa Learner <br> - Equality | Healthy Body Healthy Mind <br> - Body Changes <br> - Mood Changes <br> - Positive Attitudes <br> - Self Reflection <br> - Self-Esteem | Relationships: Friends and Family <br> - My family <br> - My friends <br> - Forgiveness <br> - Religious teachings on forgiveness | Diversity and Difference <br> - Difference <br> - Understanding Difference <br> - Celebrating Diversity <br> - Inter-faith dialogue | Risk <br> - What is a Risk? <br> - Road Safety <br> - Train Track Safety <br> - Stranger Safety <br> - Responsibility | Project <br> - Revising and reviewing what we have learnt |
| $\begin{gathered} \text { Year } 8 \\ \text { PSHE / RE } \end{gathered}$ | Rights and Responsibilities <br> - At School <br> - Human Rights <br> - Religious teachings about human rights <br> - Democracy <br> - Global citizen | My Society <br> - Empathising with different people <br> - Public Funding <br> - Sustaining a City <br> - Standing up for our beliefs | Relationships: <br> Changing <br> Relationships <br> - Why relationships change <br> - Pressures on relationships <br> - Religious attitudes to marriage <br> - Dealing with loss | Prejudice and Discrimination <br> - What is prejudice? <br> - Religious teachings on prejudice and equality <br> - Discrimination | Risk 2 <br> - Peer Pressure <br> - Good rolemodels <br> - Bad rolemodels | Project <br> - Revising and reviewing what we have learnt |
| $\begin{gathered} \text { Year } 9 \\ \text { PSHE } \end{gathered}$ | Aim Higher <br> - The world of work <br> - Identifying my skills <br> - Interests and personality <br> - My choices and goals | Money Matters <br> - Income and budget <br> - Debt and Saving <br> - Cutting Costs <br> - Budgeting <br> - Money Management | Relationships: <br> Personal <br> Relationships <br> - Relationship breakdown <br> - Problems | Inspirational People <br> - My inspiration <br> - Religious Leaders <br> - Positive Rolemodels <br> - People you know <br> - Celebrating achievements | Risk 3 <br> - Drugs <br> - Alcohol <br> - Smoking <br> - Personal Safety <br> - Avoiding risks | Project <br> - Revising and reviewing what we have learnt |

