

S.M.I.L.E-ing BOYS PROJECT - WORKSHOPS & EXHIBITION

The S.M.I.L.E (SEND ME INSPIRING LOVING eNERGY) PROJECT is a series of research led photography, poetry and workshop based project funded by the Wellcome Trust and the Arts Council which explores the impact of smiling on the overall wellbeing of young BAME boys between the ages of 13-18. The project aims to empower this demographic through the research findings from Scandinavia and Bhutan by the Artist Kay Rufai, with tangible coping strategies to manage their mental health in more positive ways.



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