



PE Newsletter

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PE Vision

“It is our vision that all pupils at Platanos College become confident and accomplished in their approach to sport and physical activity. They will develop a positive attitude towards leading a healthy and active lifestyle, and how this can benefit them socially and emotionally.

Our curriculum will challenge pupils both academically and physically to enable pupils to appreciate the symbiotic relationship between sports science and physical education.

Through the incorporation of cross-curricular links we aim to provide numerous learning opportunities. Pupils will embrace a competitive spirit as well as values of respect, leadership, fair play and working cooperatively with others to achieve a common aim.

Furthermore, pupils will recognise the life long skills they have learnt throughout their sporting experiences and successfully implement them into the work of work and adulthood.”

What We Offer

At Platanos College we offer a wide variety of sports as part of our KS3 curriculum, as well as GCSE PE being an option in KS4.

Our school also caters for pupils who wish to develop their sporting skills to play at a higher level, or wish to use sport as an opportunity to socialise and have fun.



**“Attitude
Determines
Altitude”**



- Football
- Basketball
- Rounders
- Badminton
- Trampolining
- Dance
- Athletics
- Table Tennis
- Cricket
- Volleyball
- Handball
- BMX Riding



Greenhouse Sports uses inspirational sports coaching and mentoring to engage young people and improve their life chances. This develops independent thinking, social, emotional and physical skills that help them thrive.

At Platanos we have a full time professional basketball coach, which enables our students to have access to basketball coaching for up to 15 hours per week.





Netball

Netball at Platanos College remains a popular choice for the girls where it regularly brings in high numbers at training. The club allows all year groups to train, socialise and learn from one another as a holistic unit rather than just individual teams. These young ladies then get to apply their skills in local games against schools in the South London Netball League.

“Since I’ve played netball here it has really helped me with my PE class too. I have improved my skills and technique thanks to Ms Daniels and Ms Bartley. What I really enjoy is that I can show my personality when I play netball”.

*Emily Teixeira de Aveiro
(Platanos pupil)*

Trampolining

The trampolining club includes pupils of varying ages, ability and experience yet they all enjoy teaching, supporting and learning from one another. In 2018 Platanos College took a select number of students to their very first trampolining competition with great success, which will be available again in the coming years.

We also offer a wide variety of after school clubs that cater for the needs for all of our pupils.

The majority of our clubs also compete against other schools in local, regional and national competitions.

The clubs we offer at Platanos include:

- Girls’ & Boys’ Football
- Girls’ & Boys’ Basketball
- Netball
- Trampolining
- Dance
- Fitness
- Athletics
- Badminton

SUMMARY OF THE SUMMER TERM 2017/18



Year 9 & 10 Girls Runners Up

Platanos College were largely successful in the last academic year over a lot of sporting events.

Specific achievements included the Year 9 and 10 girls' football team who finished second in their league with individual players also receiving accolades.

Our Year 9 boys' football team were crowned champions in the South London School League after an incredibly successful season.

Platanos College also attended their first trampolining competition with local schools where over 70% of the students who attended achieved an award. We hope this is a competition we can be involved in more so in the future as it was very successful on all levels.

Later on in the year, a number of our pupils dominated at the Lambeth athletics event across both field and track events coming away with a range of medals. Additionally there were also a lot of trips and competitions in netball, indoor athletics and basketball where we competed exceptionally well showing excellent potential.



Year 9 Boys Football Champions



Pineapple Dance Studios

EXPECTATIONS

In line with significant changes to the school structure the PE department would like to highlight some aspects of our policy.

Pupils are reminded that they have 5 minutes to be ready for their lesson. If pupils struggle with their punctuality for this they will receive a same day detention. This is still applicable if the pupil is unable to participate in the physical activity. They should still bring the correct kit to their lesson and they will have an alternative role within the lesson.

ACHIEVEMENTS OVER THE SUMMER

Kaelan Bowes becomes regional champion and earns a refereeing qualification



Year 8 pupil Kaelan Bowes recently represented the U13 London Regional basketball team in the annual England regional basketball tournament.

The tournament is predominately utilised as a platform for young players to be scouted by England national team coaches for the U15 and U16 England teams.

Kaelan went on to not only represent the team, but was also crowned the 2018 regional champions. In addition, Kaelan took the most out of an opportunity to undertake a level 1 basketball refereeing qualification, where he is now qualified to referee junior basketball games.

"Kaelan was an outstanding student showing increased confidence, knowledge and understanding as the course progressed and supported other students as applicable in their practical assessment. He should be encouraged to gain more experience through working with senior officials at school games and CVL. I believe this is an area where Kaelan can excel in performance because it is very much based on the implementation of rules and regulations whilst maintaining control, please assist his progression where you can.

He was the only U13 RDT player to accept this 'free of charge' opportunity to gain this qualification'.

Yours in Basketball,

Patricia Fairclough OBE

Teniola Okunrinkoya Grabs Gold at England Regional Tournament

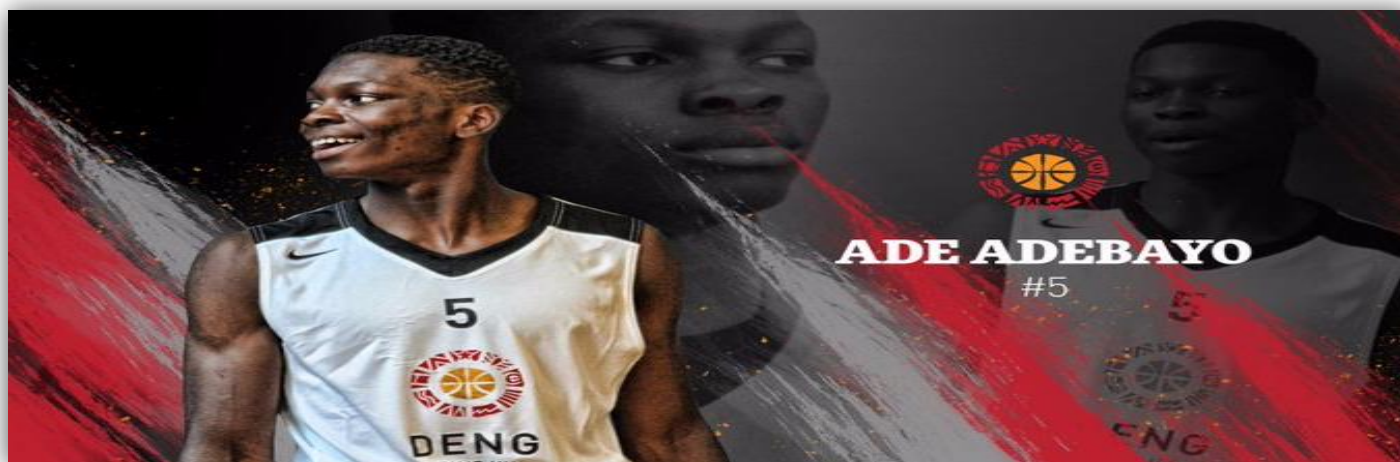


The top U15 players from across the country are selected to compete for the Under 15 Regional Development Tournament (RDT) at the National Basketball Performance Centre (NBPC) in Manchester over the weekend of September 8th/9th. The tournament is also used as a recruitment opportunity for U15 & U16 England national team coaches, for the upcoming European championships.

Teniola and her teammates worked hard during the 48hr competition. All their hard work resulted in them coming top and winning the whole tournament.

ACHIEVEMENTS OVER THE SUMMER

ADE ADEBAYO FINISHED TOP 5 NATIONALLY



ALTITUDE

Ade Adebayo, former Platanos College pupil currently at Barking Abbey, finished No.5 in the Deng Top 50 Camp.

The Luol Deng top 50 Camp UK, is a four day event which focuses on the highest level of under-19 players to hail from the UK. This year saw a number of new additions to the camp, including allowing USA-based players to compete for the first time, and a showcase exhibition featuring alumni from the event.

Other additional features included a Gatorade combine testing in partnership with the NBA, video breakdowns through Krossover technology, with a head scout evaluating players throughout the camp.

ATTITUDE

PLATANOS ALUMNI

Throughout the years, many of our pupils have been able to use the skills and knowledge they have learnt through PE, and used sport as a vehicle to excel in life after they have graduated from Platanos College.



Ade Adebayo (2012 – 2017)

Ade graduated from Platanos College in 2017 and has since gone to study at Barking Abbey (No. 1 elite basketball academy in the country). Ade has also most recently been ranked the No. 1 player in the country for his respective age group. Ade intends to gain a full basketball scholarship in America once he has finished his studies at Barking Abbey.



Ola Ayodele (2007 – 2012)

Ola graduated from Platanos in 2012 where he then eventually went to study in America on a full basketball scholarship at Laramie Community College. Ola graduated from Laramie in 2018 and intends to stay in America to attend a university whilst competing at basketball at the universities' highest level.



Rayell Eytle Rock (2010 – 2015)

Rayell graduated from Platanos in 2014 where he then went to attend Barking Abbey College for a further 2 years. Barking Abbey is the leading college in the country for elite basketball players. Rayell was Barking's key player during his time there, whilst also representing and captaining England (U16 & U18) and Great Britain's U20 team at international tournaments. Rayell is now on a full basketball scholarship at Peddie College in America.

Denilson Caschilli (2015 – 2017)



Denilson had been attending the basketball academy at Platanos since he was in Year 6, before finally attending the school in 2015. As a result of Denilson's hardwork, dedication and skill level in basketball, Denilson was offered a place at Dinamo Sassari, which is a professional Basketball Academy in Italy. Dinamo's feedback of Denilson is that they love Denilson's attitude and have very high hopes for Denilson of joining their professional team once he is old enough.

Jules Dang Akodo (2007 – 2011)



Jules was our first pupil at Platanos College to go on to play professional basketball. Attending Platanos College in 2006, Jules has always been one of the elite players in the country for his respective age group, eventually earning the opportunity to leave England to play professional basketball in Serbia. Since leaving Platanos, Jules has had the opportunity to travel the world, living in countries such as Spain, Germany, Slovenia, France and Slovakia.

Patrick Lanepekun (2011 – 2016)



Patrick graduated from Platanos College in 2015 where he went onto to study in Leicester at Charnwood College whilst playing basketball at the highest college level within England. During this time, Patrick also represented and helped the Irish national team qualify for their first ever 2017 European championships. Patrick's intention is to attend college to play basketball on a scholarship after completing his final year at Charnwood College.

Isaac Dogboe (2005 – 2010)



Isaac was one of our very first pupils to go on and achieve a lot in the sport of boxing. Isaac has represented Ghana in the London 2012 Olympics.

In addition, Isaac most recently went on to win the WBO world boxing title for his respective weight category.